

River City Sports Arena House Rules

Number of Players

Youth leagues play with no more than seven (7) players on the field (5 needed to begin game).

Game Duration

The duration of the game is decided by RCSA management and varies with age group. The game clock will start at scheduled game times, no exceptions. The game clock runs continuously and does not stop for a player injury unless, at the discretion of the referee, medical personnel must remove the injured player from the field. No Time Outs in regular season.

Player Equipment

Only flat soled rubber shoes may be worn.

All players must wear shin guards covered by socks.

No jewelry of any type may be worn, with the exception of medical or religious jewelry.

Substitutions

Subs may be made at any time during the game provided the player leaving the game is 3 feet from their team door, before the sub enters the field.

During the following, players will be allowed to substitute as soon as the ball is dead:

- a) after a goal is scored
- b) a time penalty is awarded
- c) an injury timeout
- d) the ball out of bounds
- e) a time out

Three Line Violation

A three line violation is defined as passing the ball over the 2 red lines and midfield without it touching the floor, walls, or another player. If a team is reduced 2 players, a three line violation will not be called against a field player on that team.

Fouls and Misconduct

USSF fouls and misconducts are used as well as the following indoor specific rules:

- a) Boarding(pushing a player into the perimeter wall by any means, will result in at least a 2 minute penalty)
- b) Slide tackling is not permitted and will result in a 2 minute penalty.
- c) Hitting the ceiling, lights, duct work, or any other object hanging from the ceiling will result in a 2 minute penalty.
- d) Spitting on the field or anywhere else in the arena is not allowed and will be punished with a time penalty.
- e) Playing the ball while a player is on the ground is not permitted.
- f) A defending player may not prevent the goalkeeper from playing the ball out of their own penalty box, no matter how the goalkeeper chooses to play it out
- g) Any type of destruction of RCSA property will result in immediate expulsion from the arena and time penalties against the offending team.

Goal Keeping Restrictions

- a) If the opposing team plays the ball over their offensive red line, the defending team is allowed to play the ball to the goalkeepers' hands regardless of how it is passed to them.
- b) A goalkeeper may not handle the ball again after releasing possession from their hands unless it is touched by an opposing player.
- c) A goalkeeper may not punt or drop-kick a ball until it has bounced twice.
- d) A goalkeeper has 5 seconds to distribute the ball while holding it in their hands.
- e) If a goalkeepers team gains possession of the ball beyond their defensive redline, then plays the ball behind their defensive redline, the goalkeeper may not handle the ball.
- f) Any violation of the above will result in a direct kick from the top of the offending teams penalty arc.

Goalkeepers do not have to serve 2 minute penalties against them. Any other time penalties the goalkeeper must serve.

Time Penalties

- a) Blue Card-2 minute penalty-can be issued for a number of fouls or violations. At the referee's discretion, the offending player can be released if a goal is scored against their team.
- b) Yellow Card-4 minute penalty-can be issued for a number of fouls or violations at the referee's discretion. The offending player must serve all 4 minutes.
- c) Red Card-5 minute penalty-can be issued for a number of fouls or violations at the referee's discretion. The offending player must leave the facility immediately, and the offending team must serve all 5 minutes.

The Referee's have total discretion on the field to call fouls, misconduct, and time penalties.